

HUMANITY FIRST



Humanity First
Serving Mankind

RESTORING COMMUNITIES | BUILDING A FUTURE



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AISHA'S JOURNEY: FROM VOLUNTEER TO CHANGEMAKER

Aisha, a high school student passionate about giving back, volunteered at Humanity First's Annual Food Drive, distributing flyers, collecting donations, and sorting food donations for hundreds in need. Witnessing the scale of food insecurity in her community was eye-opening, and the gratitude she saw made every effort worthwhile. Later, at HF's Feed the Homeless event, she helped distribute meals, blankets, and emergency kits. When an elderly man gratefully said, "Thank you for caring," it deepened her commitment to service. Inspired by the impact of these initiatives, Aisha continues to volunteer, encouraging her peers to join her in making a difference.



HUMANITY FIRST PROGRAM BENEFICIARIES

Orphans
127

Water Wells
44

Students
1,900+

Patients
48,500+

Eye Surgeries
980+

Refugees
105



20th ANNIVERSARY CELEBRATION

Humanity First Canada celebrated its 20th Anniversary in November by bringing together donors, volunteers, and community members to celebrate two decades of humanitarian impact. The evening was filled with inspiring stories, heartfelt speeches, and a shared commitment to continuing our mission of service. Thanks to the generosity of our donors, the dedication of our volunteers, and the support of all participants, the event not only marked a milestone but also helped raise crucial funds for our ongoing initiatives.



CHAIRMAN'S MESSAGE



As we close out Quarter 4 and reflect on this past year, I want to extend my deepest gratitude to our incredible volunteers, donors, and corporate partners. Your unwavering support and generosity have allowed us to make a meaningful impact in the lives of countless individuals and families.

Looking back on this year, we have witnessed the power of community and compassion. Whether you donated food, funds, clothing, or your time, your contributions have helped transform lives. As we step into the new year, the need for support remains high, and we encourage you to stay involved—volunteer, donate, and continue being a part of this mission.

Thank you for making a difference. Together, we are bringing hope, relief, and opportunity to those who need it most.

Dr. Aslam Daud
Chairman Humanity First Canada

WATER WELLS IN AFRICA

Humanity First has been actively building hand pumps in Chad, Cameroon, Burundi, Nigeria, and Mali, providing thousands of villagers with access to clean and safe drinking water. In many of these rural communities, residents previously had to walk long distances to collect water from unsafe sources, leading to waterborne diseases and daily hardships. By installing these hand pumps, families now have a reliable water source close to home, improving health, hygiene, and overall quality of life. Access to clean water also allows children to focus on their education instead of spending hours fetching water, while farmers and local businesses can thrive with better irrigation and sanitation. These efforts are transforming lives, one village at a time.

BLESSING OF EDUCATION

The Knowledge for Life program is dedicated to empowering children through education by building schools, transforming classrooms, and providing essential school supplies to students in need. This program focuses on creating a nurturing and well-equipped learning environment, ensuring that children, regardless of their circumstances, have access to quality education. During the last four quarters, over 400 students benefitted from this program.



Seeing that it is almost the end of the year, I would like to seize the opportunity to thank all the staff and volunteers at Humanity First and all the donors for all the help and support that you and they have given to my wife and I during these very challenging times.

The staff and volunteers have been very thoughtful, kind, considerate and professional in their approach to the kind of work they do.... Again, thank you for all that you have done.

Emanuel M.
Food Bank
Client



MEET OUR VOLUNTEERS!



Introducing Our Long-Time Volunteers, Mike & Tina!

Mike & Tina have been dedicated volunteers at the Humanity First Food Bank since 2022. With warm smiles and a genuine passion for helping others, they tirelessly devote their time to sorting food donations, packing food hampers, and assisting with various food bank activities. Their years of dedication have made them a cherished part of the team among both fellow volunteers and the families they assist. We are grateful for Mike & Tina's hard work and unwavering commitment to making a meaningful difference in the lives of those in need!

VOLUNTEER GROUPS

Volunteers from various corporate organizations and businesses regularly dedicate their time at the Humanity First food bank. Many volunteers have expressed how rewarding it is to give back, enjoying the hands-on experience of sorting, packing, and distributing food to those in need. We are incredibly grateful to DANI, Cascades Containerboard Packaging, Leon's Furniture, Arla Foods, TJX, Grand & Toy and RBC for their generosity in volunteering with us.



FOOD BANK

					
Families Served 3,400+	Individuals Served 9,800+	Walk-in 2,800+	Delivery 570	Grocery Gift Cards 25	Presto Cards 1

Humanity First extends heartfelt gratitude to the schools, companies, and community groups that organized food drives in support of the HF Food Bank. Your generosity has helped provide essential meals to families facing food insecurity.

We also thank our dedicated volunteers whose efforts in collecting, sorting, and distributing food make a lasting impact. However, the need continues to grow. We invite more volunteers to join us in fighting hunger and encourage donors to contribute—whether through food drives, financial support, or hands-on service. Together, we can make a difference and ensure no one in our community goes hungry.

DONATE NOW 



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